



**Lived Experience Center (LEC) Schedule at a Glance**  
**Programming Subject to Change**

<b>WEDNESDAY 5 AUGUST</b>	
07:00-07:45	Self-Management Interactive Workshop
08:15-09:30	Congress Plenary Session
09:30-10:45	Spoken Word Presentation
11:00-12:30	Panel Workshop
12:45-13:45	Lunch
14:00-15:15	Congress Plenary Session
15:30-16:45	Panel Workshop
17:00-18:30	Technology Demonstration
<b>THURSDAY 6 AUGUST</b>	
07:00-07:45	Self-Management Interactive Workshop
08:15-09:30	Congress Plenary Session
09:30-10:45	Peer Support Presentation
11:00-12:30	Panel Workshop
12:45-13:45	Patient Advocate-Researcher Workshop
14:00-15:15	Congress Plenary Session
15:30-16:45	Spoken Word Presentation
17:00-18:30	Technology Demonstration
<b>FRIDAY 7 AUGUST</b>	
07:00-07:45	Self-Management Interactive Workshop
08:15-09:30	Congress Plenary Session
09:30-10:45	Physiotherapy Demonstrations
11:00-12:30	Panel Workshop
12:45-13:45	Spoken Word Presentation
14:00-15:15	Congress Plenary Session
15:30-16:45	Scientific Talks Explained
17:00-18:30	Panel Workshop
<b>SATURDAY 8 AUGUST</b>	
07:00-07:45	Self-Management Interactive Workshop
08:15-09:30	Congress Plenary Session
09:30-10:45	Scientific Talks Explained
11:00-12:30	IASP General Assembly
12:45-13:45	Lunch
14:00-15:30	Physiotherapy Demonstration
15:45-17:00	Spoken Word Presentation
17:00-18:30	Congress Plenary Session